

Tritons get ready for Nantyr's 2023 Semi Formal Dance! It will be a glamorous NIGHT IN HOLLYWOOD on Thursday, November 30th from 7pm-10pm! Save the date and join us for this fabulous night filled with glitz, glamour, and unforgettable memories! Tickets go on sale TOMORROW, TUESDAY, NOV. 21 at 8am on school cash online. These tickets WILL sell out so act now and get yours before they are gone! Can't wait to see you there!

Did you know that approximately 1 in 5 Ontario students reported being bullied at school, according to the 2021 Ontario Drug Use and Health Survey conducted by the Centre for Addiction and Mental Health.

Bullying Prevention Week is acknowledged in Ontario from November 19-25, 2023. Everyone deserves a school environment that is safe, supportive, and inclusive. Everyday this week we will be sharing facts, resources, and challenges to raise awareness about the impact of bullying and the role each of us plays in preventing it. Let's stand united against bullying and make our school a place of kindness and respect.

Today, November 20th is Transgender Day of Remembrance. Transgender Day of Remembrance is observed annually to honour the memory of two spirit, transgender, and gender - diverse people who have lost their lives in acts of anti-transgender violence and hatred. The day was first observed in 1999 to honour the memory of Rita Hester, a transgender woman who was murdered the year before. Today, vigils are held internationally to bring awareness to the violence and hatred still experienced by the community and to celebrate the resilience and bravery of two spirit, trans, and gender - diverse people who live their lives as their most authentic selves everyday. This Transgender Day of Remembrance, take time to learn about gender diversity and to honour those who have lost their lives simply for being themselves.

Any girls interested in playing rugby this year please come to a meeting at the start of lunch this Friday, November 24th in Portable 6.

The Manga and Anime Club will be meeting today at lunch in Room 319. See you there!

Attention Health and Wellness SHSM students. A reminder that tomorrow is the first day of our CPR & First Aid training. Please meet in portable 2 by 8:15am tomorrow. A reminder to wear clothes you are comfortable moving in. Again, a reminder to Health & Wellness SHSM students that if you are signed up for first aid & CPR, it starts tomorrow. Any questions, see Ms. Potts or Ms. Thomson in the Phys-Ed office.

Attention all girls trying out for the Varsity Girls Hockey Team. We will be having our last tryout on Thursday November 23rd, that's this Thursday from 3:15-4:15pm at the IRC. Any questions please see Ms. Thomson, Ms. Enwright or Ms. Potts. See you Thursday!

A reminder that ART CLUB will meet Tuesdays in room 122 during lunch and this week we will also meet Tuesday afterschool to make Holiday cards for the seniors in our community at the Lakeside Seniors Retirement Home. If you would like to be a part of this, please join the art club in the art room Tuesday afterschool.

Any students who are interested in helping create a display in the front foyer for Christian Heritage month in December can stop by Room 241 at the beginning of lunch on Friday November 24. If you cannot make the meeting, stop by Room 241 anytime and sign up to get involved.

For students who are interested in mental health advocacy and leadership! We are starting up a student led wellness group, which will be a group of students who will be promoting and organizing wellness and mental health initiatives around the school community. Our first meeting will be on November 24th, at lunchtime in room 210. If you have any questions, come by guidance to speak with the school social worker Kanasha.

Fron the Cafe: Ready, get set, go! Its our Black Friday Door Crasher deals in the café this week! Don't miss out on new deals for only a toonie everyday!

Today's door crusher: Get Grill Cheese Fingers for a Toonie! Hurry they won't last long.